

## **Guidelines for Groups**

\*Note: The policies and procedures of these guidelines are subject to change as we monitor the best practices and recommendations of the CDC and ACA along with recommendations of our Medical Advisory Board. The ACA website is provided below for your review.

Field Guide for Camps link below:

<https://www.acacamps.org/resource-library/coronavirus/camp-business/field-guide-camps>

**The most important prevention strategies to prioritize for camp this summer include vaccinations, screening testing, the use of masks, and physical distancing.**

### **Prior to Entry of Camp**

#### ❖ Molecular Testing

- Reverse transcriptase polymerase chain reaction (RT-PCR) Test is required for each camper & kaleo in order to attend camp.
- These samples are typically collected using a swab sample from the upper respiratory system, usually from the back of the nasal passage or the back of the throat.
- The test determines if a person is currently infected with the virus that causes COVID-19.
- Campers and kaleos need to be tested 5 days prior to camp, where available. Low-risk behaviors are advised after testing and prior to camp.
- Given the high proportion of individuals, particularly children, that are either pre- or asymptomatic for COVID-19, screening campers and staff for symptoms may not be sufficient to reduce the likelihood of infections in a camp setting.
- We will need the results of this test before arrival to camp.

#### ❖ Pre-Screening

- Pre-screening before campers and kaleos head to camp helps give us insight into each individual's health status prior to arrival.
- Campers & kaleos that are at a high risk for severe illness (i.e. moderate to severe asthma, severe obesity, severe heart conditions, etc.) need to have a medical clearance from their primary care provider/doctor to attend camp.
- We strongly recommend kaleos to self-monitor as well as ask parents to conduct a health check/monitoring of their child before camp and conduct pre-screening activities such as:
  - ❑ Taking and recording temperature before camp.
  - ❑ Self-screening for the presence of symptoms (fever of 100.4 °F or greater, cough, shortness of breath, diarrhea, fatigue, headache, muscle aches, nausea, loss of taste or smell, sore throat, vomiting, etc.) within the past two weeks.
  - ❑ Determining if, within the past two weeks, the individual has traveled nationally or internationally.
  - ❑ Determining if the individual has been in close contact with a person who has been diagnosed with, tested for, or quarantined as a result of COVID-19.

- Low-risk behaviors are advised after testing and prior to camp.
- ❖ Parent Communication
  - Inform parents/legal guardians about the precautions and procedures Citikidz has implemented/will implement to minimize the risk of COVID-19 exposure.
  - Keep parents/legal guardians up to date on COVID-19 as it relates to Citikidz.
  - Inform parents/legal guardians of higher-risk campers to consult their child's medical provider to assess their risk and determine if attendance is acceptable.
  - Communicate the importance of keeping campers home if they show any symptoms associated with COVID-19.
- ❖ Traveling to Camp
  - Kaleos are required to perform initial health screening of campers at the drop off location, before they board buses or vans.
  - The specific length and number of timeframes and numbers of drop offs per timeframe will vary based on the number of campers and configuration of the drop off area, etc.
  - The goal is to reduce density and physical interaction of individuals at any given time in the drop off area.
  - Use buses & vans that have cargo storage separate from passenger cabins, if possible.
  - Do not board campers or kaleos who are sick or experiencing any flu-like symptoms.
  - Wash or sanitize hands before boarding a bus, van, or vehicle.
  - Practice good hygiene.
  - If possible, maintain physical distance by maximizing distance between passengers.
  - Instruct everyone to wear a facemask while riding in the vehicle.
  - If reboarding the vehicle, sit in the same seat, or your assigned seat, each time.
  - When exiting, remove all belongings and discard all waste.

## **During Camp**

- ❖ Arrival to Camp
  - Abide by the drop off and pick up schedule during their assigned timeframe.
  - Maintain physical distance with other kaleos, parents/guardians, & campers.
  - Wear a cloth face covering when exiting the vehicle.
- ❖ Initial Screening
  - The results of this initial health screening will determine if an individual is permitted to enter camp or if they require additional screening and evaluation.
  - If a camper or staff member reports any symptoms consistent with COVID-19 upon arrival, they should remain in an isolated location until testing can be conducted and confirmed.
  - All campers and kaleos must wear face coverings while waiting to be tested and keep physically distanced from all individuals, except for healthcare staff wearing PPE.

#### ❖ Households at Camp

- Infection spread can be slowed and more easily contained in smaller groups
- In the camp setting, we will identify the smallest practicable group of campers and treat this group as a “household.”
- Campers will split into smaller groups (by “household”), outdoor programming, dining and programmatic changes to minimize mixing, maintain physical distancing between “households”, and require masking when we deem it necessary.
- Important Note: In the event of an outbreak, being able to promptly define the “inner circle” of close contacts is paramount for enhanced health surveillance and isolation. By using the small groups and cohort strategy, isolation, and surveillance of close contacts can be implemented in short order.

#### ❖ Ongoing Screening

- Ongoing screenings will be conducted on an as-determined basis (e.g., daily, weekly, or more frequently). We will consider increased screening frequency during initial days of camp, when there is turnover of camp sessions/staff, and/or when monitoring for potential exposures.

Citikidz ongoing screening process is outlined below...

- ❑ First, we will ask individuals if they have any COVID-19 symptoms
- ❑ Next, we will provide a covid test for the individual according to camp policies and take appropriate measures to ensure the safety of the camper or kaleo and those within his or her cohort.
- ❑ If a camper or kaleo is suspected to have COVID-19 based on this assessment, we will place a face mask or cloth face covering on the individual. Isolate individuals by separating symptomatic individuals by at least 6 feet. The area for individuals with symptoms will be at least 6 feet away from other areas of the health center or in a separate room.
- ❑ We will then test the campers or kaleos from their cohort and take the necessary action based on the results of the test (i.e. quarantining/isolating).
- ❑ Notify camp management, parents/guardians, and appropriate healthcare providers in accordance with guidance from your local health officials, following the camp’s CDP.
- ❑ Follow the CDP for next steps on management of the individual(s).

#### ❖ Physical Distancing

- Physical distancing can allow individuals to safely interact with others.
- Physical distancing is not a substitute for using cohorts or households.

#### ❖ Masking (General, subject to change)

- Masks should be worn by kaleos and campers when indoors and physical distance is difficult to maintain unless told otherwise by Citikidz staff.
- According to the CDC, masks are meant to protect other people in case the wearer is unknowingly infected but does not have symptoms.
- For overnight camp settings, masking practices may be adjusted based on the testing, cohorting, and household status of the campers and camp.

- ❖ Face Covering (Campers)
  - Campers should have a well-fitted and comfortable mask that is worn properly.
  - Choose a size that fits over the child's nose and under the chin but does not impair vision.
  - Follow the user instructions for the mask or respirator. These instructions may show how to make sure the product fits properly.
  - Campers should wear one mask and have the other ones sealed in a plastic bag in case the first becomes wet or otherwise soiled during the day.
  - Overnight Campers should own and maintain a minimum of ten masks so that one or two can be worn each day.
  - Masks should be identified by the camper's name or initials inside.
  - Masks should not be shared with anyone else unless in a case of need; it must be unused and unsoiled.
  - While wearing a mask, campers and kaleo should avoid touching their face and their mask as much as possible.
  - If a camper has a hard time breathing, gets dizzy, or has other symptoms while trying to get the mask to fit better or when using an ASTM F3502 mask or a respirator, choose a cloth or disposable mask.
  
- ❖ Traveling Off-Site
  - Kaleos and campers will need to remain on the premises for the duration of the camp session. When kaleos or campers leave the camp, screening and testing should be conducted prior to re-entry.
  
- ❖ In Event of a Potential Exposure
  - Immediately inform parents/legal guardians about any potential contact their children may have had with suspected or confirmed cases.
  - Immediately inform parents/legal guardians if their child(ren) are experiencing any symptoms.
  - If the decision to dismiss or end camp early is made, communicate these plans.