



# RETREAT PACKING LIST

Packing list assumes 3 days/2 nights stay



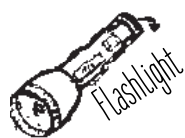
Athletic T-Shirts



Athletic Shoes



Sleeping Bag



Flashlight

## Packing for CAMP



Raincoat



BIBLE

Pen or Pencil



Athletic Shorts

### Daily Needs:

- 2-3 pairs of underwear
- 2-3 pairs athletic socks
- 2-3 t-shirts or performance/jersey tops (NO tank tops, spaghetti straps, or razor backs)
- 2-3 performance/athletic shorts (Must have elastic waistband & measure beyond fingertip length)
- 1 pair athletic shoes (tennis shoes or crosstrainers)
- Bible (Notebook, Writing Utensils)
- Personal items: (toothbrush, tooth-paste, deodorant, soap, shampoo, etc...)
- 1 bath towel
- 1-2 blankets/quilts & 1 set of twin sheets or 1 sleeping bag
- 1 pillow and pillow case

### Extras

- 1 raincoat or poncho
- 1 jacket, sweatshirt, or sweater
- 1 pair of warm pajamas
- 2-3 pair sweat pants
- Flashlight
- Laundry bag
- Money for travel
- Money for Camp Store (We suggest \$15-\$60)
- Water bottle

**PLEASE DO NOT BRING THE FOLLOWING ITEMS TO CITIKIDZ**

- Drinks (Soda, Tea, Coffee, etc.)
- Food\*
- Gum\*
- Illegal Drugs^
- Jewelry
- Tablets & Smart Technology (iPod, iPad, smartphones, mp3 devices)\*
- Perfume/Perfumed lotion (attracts bugs)
- Portable Game Devices (PSP, Gameboy, Nintendo DS, Switch\*etc.)

### **Additional Contraband:**

Alcoholic beverages, Tobacco or Marijuana Products^

Sandals, loose fitting boots, shoes w/ heels, or dress shoes are not appropriate clothing.

Jerseys must pass the "three-finger" rule and shorts must be at least fingertip length.

\*SB2Dub will keep items with an asterisk for you in our office until the end of your session, but we are not responsible for loss or theft.

Alcoholic beverages, tobacco products, and illegal drugs are prohibited and will be cause for dismissal from camp!

^We reserve the right to claim and dispose of any inappropriate materials brought to camp. Please be aware of ALL items that SB2Dub restricts from camp premises.

**MARK YOUR LUGGAGE WITH YOUR NAME AND GROUP NAME TO AVOID CONFUSION. MARK ALL CLOTHING AND TOWELS WITH INITIALS PRIOR TO COMING TO CAMP.**

APPROPRIATE CLOTHING FOR CITIKIDZ



*Tee  
Shirt*

*Jersey*



*Finger-  
tip length  
athletic  
Shorts*



*Athletic  
Socks*

*One piece  
Swimwear*



*Athletic  
Pants*



*Athletic  
Clothes*



*INAPPROPRIATE CLOTHING FOR CITIKIDZ*

*Transparent  
Clothing*



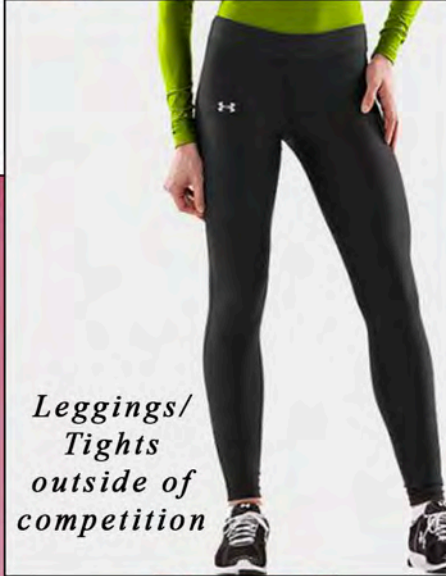
*Midriff*



*Spaghetti  
Straps*



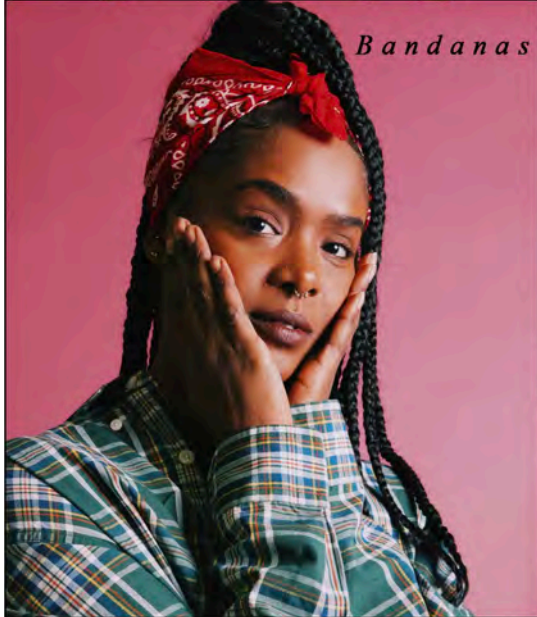
*Razor  
Back*



*Leggings/  
Tights  
outside of  
competition*



*Exposed  
Under  
wear*



*Bandanas*



*Non  
Athletic  
Dress*

*Jeans*

*Open  
Toed  
Shoes*



*Shorts  
less than  
Fingertip  
Length*



*No  
piercings  
during  
competition*



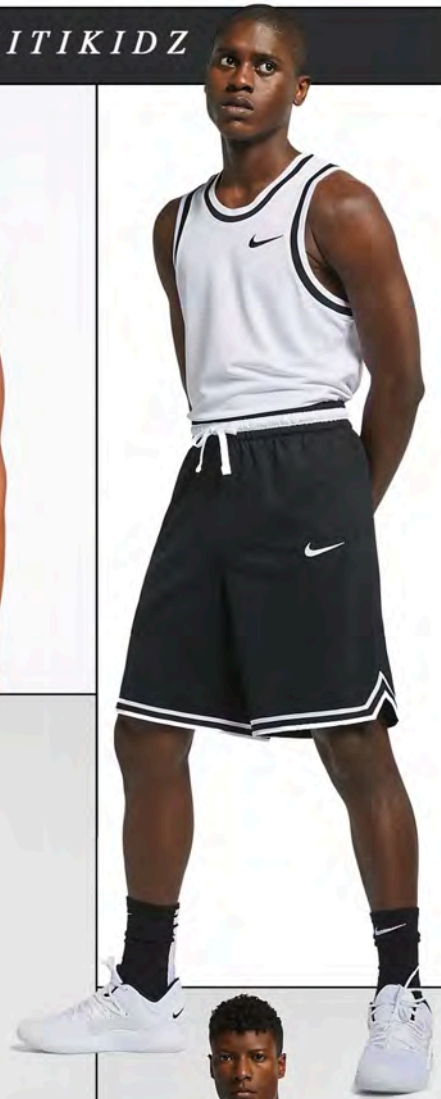
*Revealing  
Swimwear*

APPROPRIATE CLOTHING FOR CITIKIDZ

*Tee  
Shirt*



*Jersey*



*Athletic Socks*



*Swim  
Trunks*



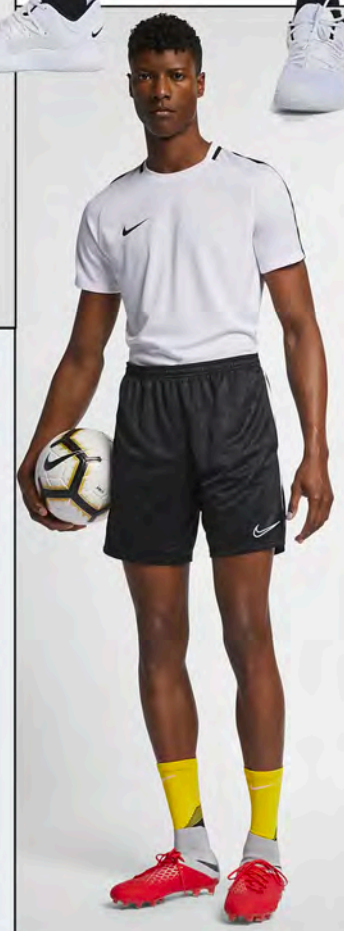
*Sweat  
Clothes*



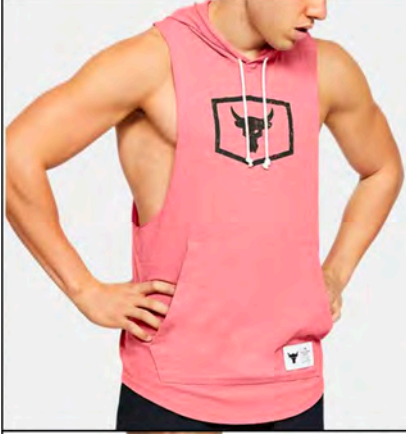
*Finger-  
tip length  
athletic  
Shorts*



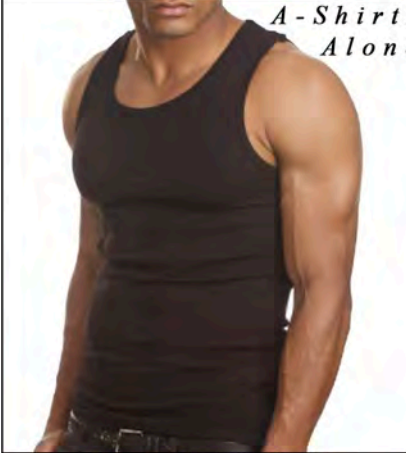
*Athletic  
Clothing*



*INAPPROPRIATE CLOTHING FOR CITIKIDZ*



*Loose fitting tees and tanks*



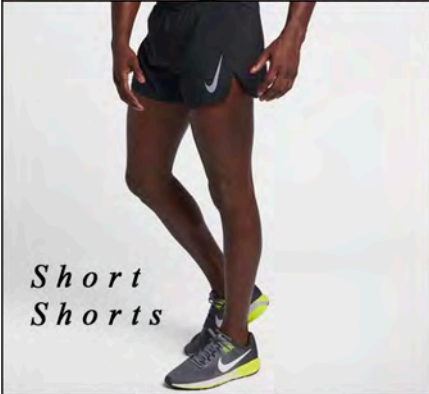
*A-Shirts Alone*



*Tights Alone*



*Sagging Pants*



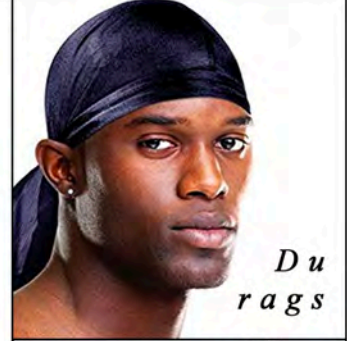
*Short Shorts*



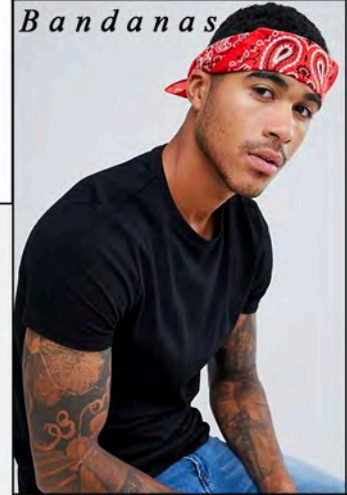
*Pajama Pants Outside Cabin Area*



*Revealing Swimwear*



*Du rags*



*Bandanas*



*Jeans*

*APPROPRIATE FOOTWEAR FOR CITIKIDZ*



*Running Shoes*



*Water Shoes*

*Basketball Shoes*



*Cleats  
(Football, Track, & Soccer)*



*INAPPROPRIATE FOOTWEAR FOR CITIKIDZ*



*Five Finger  
V-Trail  
Shoes*



*Leather Boots*



*Slides*

*Flip  
Flops*



*Canvas  
Shoes*